

PTAs and the gravitational wave background

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(Sesana & Figueroa “Nanohertz Gravitational Waves”, arXiv:2512.18822)

Pulsar response to an incoming GW

The GW induces a Doppler shift in the ToA of the pulses. As studied
In the context of spacecraft ranging (Estabrook 1975)

$$z(t) = \frac{\nu(t) - \nu_0}{\nu_0} = \frac{\delta\nu(t)}{\nu_0}$$

$$z(t) = \frac{1}{2} p_i p_j \int_{t_p}^t dt' \frac{\partial}{\partial t'} h_{ij}[t', (t - t_p)\hat{p}]$$

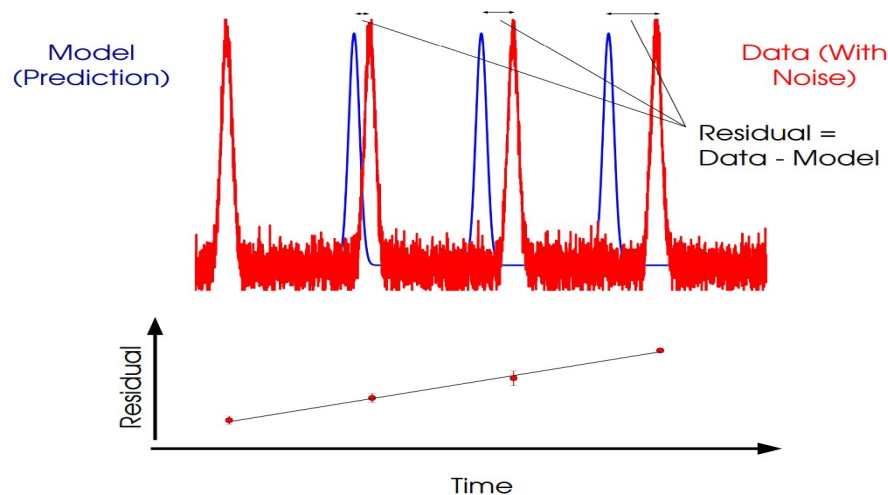
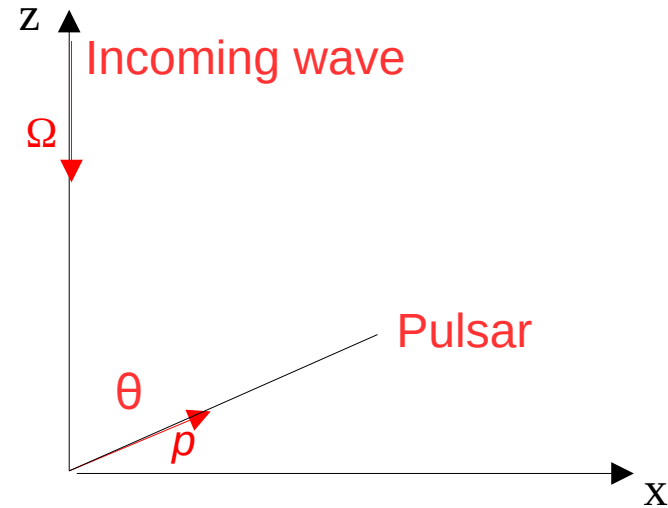
For the system on the right this becomes

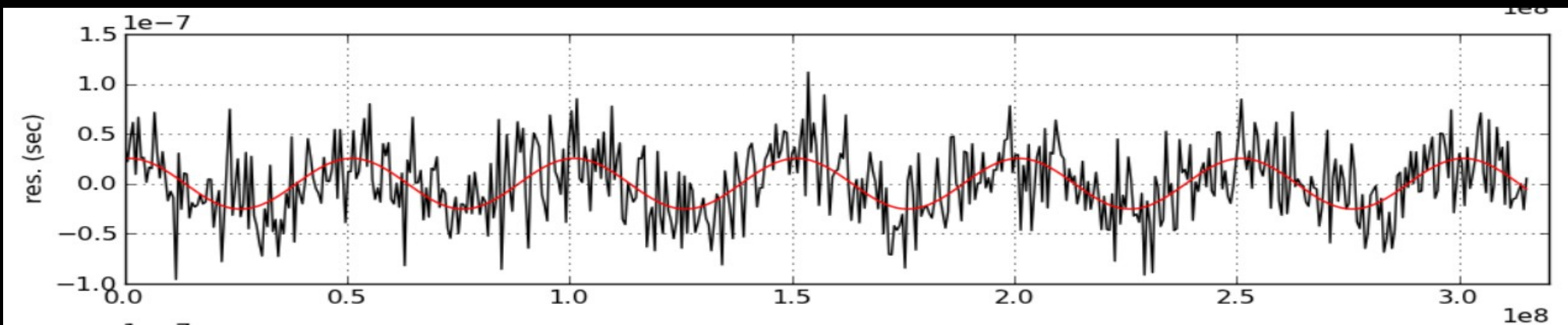
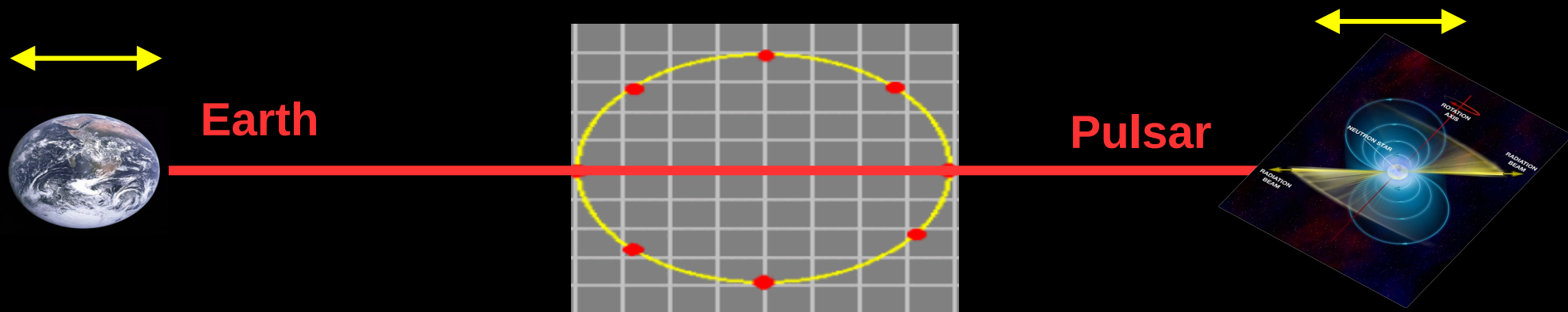
$$z(t) = \frac{1}{2} (1 - \cos \theta) [h_{xx}(t_p) - h_{xx}(t)]$$

Where $t - t_p \equiv \tau = (L/c)(1 + \hat{\Omega} \cdot \hat{p})$

What PTA measures is the integral of this dephasing,
which we call the 'residual'

$$r(t) = \int_0^t dt' z(t', \hat{\Omega})$$





Generalization for generic GW and pulsar directions

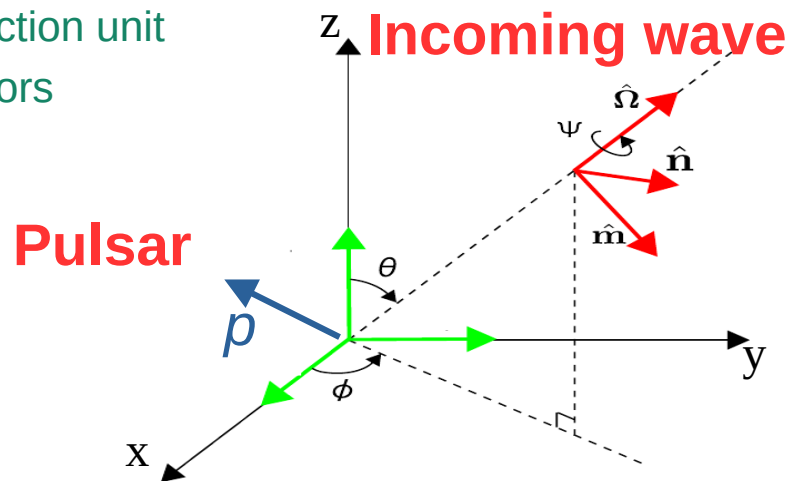
$$\hat{\Omega} = -(\sin \theta \cos \phi) \hat{x} - (\sin \theta \sin \phi) \hat{y} - \cos \theta \hat{z} \quad \text{Direction unit vectors}$$

$$\hat{p} = (\sin \theta_p \cos \phi_p) \hat{x} + (\sin \theta_p \sin \phi_p) \hat{y} + \cos \theta_p \hat{z}.$$

$$h_{ij}(t, \hat{\Omega}) = e_{ij}^+(\hat{\Omega}) h_+(t, \hat{\Omega}) + e_{ij}^\times(\hat{\Omega}) h_\times(t, \hat{\Omega}) \quad \text{Strain}$$

$$e_{ij}^+(\hat{\Omega}) = \hat{m}_i \hat{m}_j - \hat{n}_i \hat{n}_j, \quad \text{Polarization}$$

$$e_{ij}^\times(\hat{\Omega}) = \hat{m}_i \hat{n}_j + \hat{n}_i \hat{m}_j. \quad \text{tensors}$$



$$\hat{m} = (\sin \phi \cos \psi - \sin \psi \cos \phi \cos \theta) \hat{x} - (\cos \phi \cos \psi + \sin \psi \sin \phi \cos \theta) \hat{y} + (\sin \psi \sin \theta) \hat{z},$$

$$\hat{n} = (-\sin \phi \sin \psi - \cos \psi \cos \phi \cos \theta) \hat{x} + (\cos \phi \sin \psi - \cos \psi \sin \phi \cos \theta) \hat{y} + (\cos \psi \sin \theta) \hat{z}.$$

Redshift
$$z(t, \hat{\Omega}) = \frac{1}{2} \frac{\hat{p}^i \hat{p}^j}{1 + \hat{p}^i \hat{\Omega}_i} \left\{ e_{ij}^+(\hat{\Omega}) [h_+(t_p, \hat{\Omega}) - h_+(t, \hat{\Omega})] - e_{ij}^\times(\hat{\Omega}) [h_\times(t_p, \hat{\Omega}) - h_\times(t, \hat{\Omega})] \right\}$$

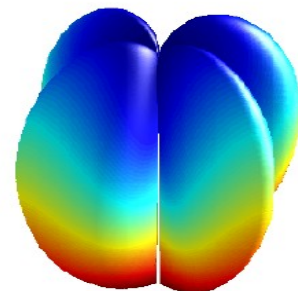
which can be written in compact form as

$$z(t, \hat{\Omega}) = \sum_A F^A(\hat{\Omega}) [h_A(t_p, \hat{\Omega}) - h_A(t, \hat{\Omega})]$$

where

$$F^+(\hat{\Omega}) = \frac{1}{2} \frac{(\hat{m} \cdot \hat{p})^2 - (\hat{n} \cdot \hat{p})^2}{1 + \hat{\Omega} \cdot \hat{p}}$$

$$F^\times(\hat{\Omega}) = \frac{(\hat{m} \cdot \hat{p})(\hat{n} \cdot \hat{p})}{1 + \hat{\Omega} \cdot \hat{p}}.$$





We start by writing the GWB as a **superposition of plane waves** in the Fourier domain

$$h_{ij}(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int_{4\pi} d\hat{\Omega} \tilde{h}(f, \hat{\Omega}) e^{-2\pi i f t} e_{ij}^A(\hat{\Omega})$$

The recall the form of the residual

$$z(t, \hat{\Omega}) = \frac{1}{2} \frac{\hat{p}^i \hat{p}^j}{1 + \hat{p}^i \hat{\Omega}_i} \left\{ e_{ij}^+(\hat{\Omega}) \left[h_+(t_p, \hat{\Omega}) - h_+(t, \hat{\Omega}) \right] - e_{ij}^\times(\hat{\Omega}) \left[h_\times(t_p, \hat{\Omega}) - h_\times(t, \hat{\Omega}) \right] \right\}$$

It is then straightforward to write the GWB induced residual as

$$z(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int d^2\hat{\Omega} F^A(\hat{\Omega}) \tilde{h}_A(f, \hat{\Omega}) e^{-2\pi i f t} [1 - e^{-2\pi i f \tau}]$$

We make the assumption of a **stationary, isotropic and unpolarized GWB**

$$\langle \tilde{h}_A^*(f, \hat{\Omega}) \tilde{h}'_A(f', \hat{\Omega}') \rangle = \delta(f - f') \frac{\delta^2(\hat{\Omega}, \hat{\Omega}')}{4\pi} \delta_{AA'} \frac{1}{2} S_h(f)$$

S_h here **is the power spectral density** of the GWB, which describes how much power per unit frequency is carried by the GWB

We now want to compute the **expectation value of the correlation** between the redshift of two pulsars a and b in the sky

$$z_a(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int d^2\hat{\Omega} F_a^A(\hat{\Omega}) \tilde{h}_A(f, \hat{\Omega}) e^{-2\pi i f t} [1 - e^{-2\pi i f \tau_a}]$$

$$z_b(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int d^2\hat{\Omega} F_b^A(\hat{\Omega}) \tilde{h}_A(f, \hat{\Omega}) e^{-2\pi i f t} [1 - e^{-2\pi i f \tau_b}]$$

$$\langle z_a(t) z_b(t) \rangle = \sum_{AA'} \int df df' \int d^2\hat{\Omega} d^2\hat{\Omega}' F_a^A(\hat{\Omega}) F_b^{A'}(\hat{\Omega}') e^{-2\pi i (f+f')t} \langle \tilde{h}_A(f, \hat{\Omega}) \tilde{h}_{A'}(f', \hat{\Omega}') \rangle (1 - e^{-2\pi i f \tau_a}) (1 - e^{-2\pi i f' \tau_b})$$

The correlation is made of four terms

$$\langle z_a z_b \rangle = \langle z_a z_b \rangle_{EE} + \langle z_a z_b \rangle_{PE} + \langle z_a z_b \rangle_{EP} + \langle z_a z_b \rangle_{PP}.$$

Where

$$\langle z_a z_b \rangle_{EE} = \sum_{AA'} \int df df' \int d^2\hat{\Omega} d^2\hat{\Omega}' F_a^A F_b^{A'} e^{-2\pi i (f+f')t} \langle \tilde{h}_A(f, \hat{\Omega}) \tilde{h}_{A'}(f', \hat{\Omega}') \rangle,$$

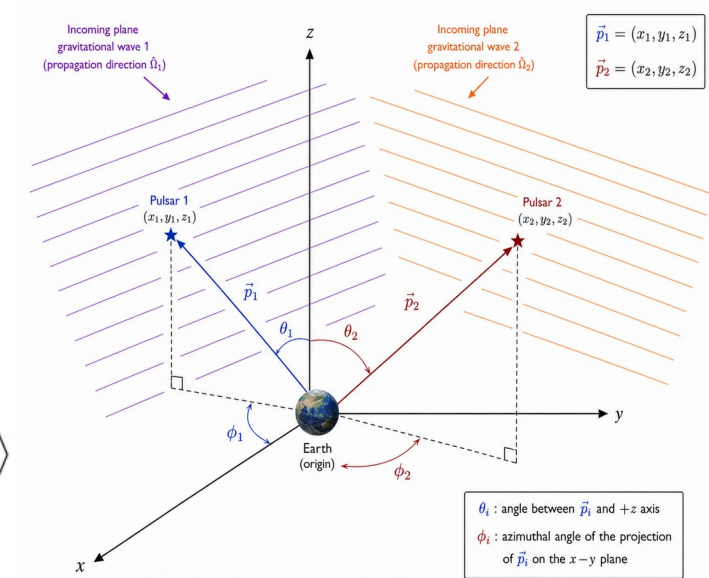
$$\langle z_a z_b \rangle_{PE} = - \sum_{AA'} \int df df' \int d^2\hat{\Omega} d^2\hat{\Omega}' F_a^A F_b^{A'} e^{-2\pi i (f+f')t} e^{-2\pi i f \tau_a} \langle \tilde{h}_A(f, \hat{\Omega}) \tilde{h}_{A'}(f', \hat{\Omega}') \rangle,$$

$$\langle z_a z_b \rangle_{EP} = - \sum_{AA'} \int df df' \int d^2\hat{\Omega} d^2\hat{\Omega}' F_a^A F_b^{A'} e^{-2\pi i (f+f')t} e^{-2\pi i f' \tau_b} \langle \tilde{h}_A(f, \hat{\Omega}) \tilde{h}_{A'}(f', \hat{\Omega}') \rangle,$$

$$\langle z_a z_b \rangle_{PP} = \sum_{AA'} \int df df' \int d^2\hat{\Omega} d^2\hat{\Omega}' F_a^A F_b^{A'} e^{-2\pi i (f+f')t} e^{-2\pi i (f\tau_a + f'\tau_b)} \langle \tilde{h}_A(f, \hat{\Omega}) \tilde{h}_{A'}(f', \hat{\Omega}') \rangle$$

Now recall that the tau has form $t - t_p \equiv \tau = (L/c)(1 + \hat{\Omega} \cdot \hat{p})$

and L is kpc such that $fL/c \gg 1$



Only the *EE* term survives

$$\langle z_a(t) z_b(t) \rangle = \frac{1}{2} \int_{-\infty}^{\infty} df S_h(f) \int d^2 \hat{\Omega} \frac{1}{4\pi} \sum_{A=+, \times} F_a^A(\hat{\Omega}) F_b^A(\hat{\Omega}).$$

The integral of the pattern functions is cumbersome but doable:

$$C(\zeta_{ab}) \equiv \sum_{A=+, \times} \int \frac{d^2 \hat{\Omega}}{4\pi} F_a^A(\hat{\Omega}) F_b^A(\hat{\Omega}) = \frac{1}{4} \left[1 + \frac{\cos \zeta_{ab}}{3} + 4(1 - \cos \zeta_{ab}) \ln \left(\sin \frac{\zeta_{ab}}{2} \right) \right]$$

We are not done yet! We observe residuals $r(t) = \int_0^t dt' z(t', \hat{\Omega})$.

We therefore want the expectation value $r_{ab} = \langle r_a(t) r_b(t) \rangle$

But t is only in the exponential $z(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int d^2 \hat{\Omega} F^A(\hat{\Omega}) \tilde{h}_A(f, \hat{\Omega}) e^{-2\pi i f t} [1 - e^{-2\pi i f \tau}]$

So we just have $r_{ab} = C(\zeta_{ab}) \int_0^{\infty} df \frac{S_h(f)}{4\pi^2 f^2}$ We define $S_h(f) = \frac{2}{3} P_h(f)$

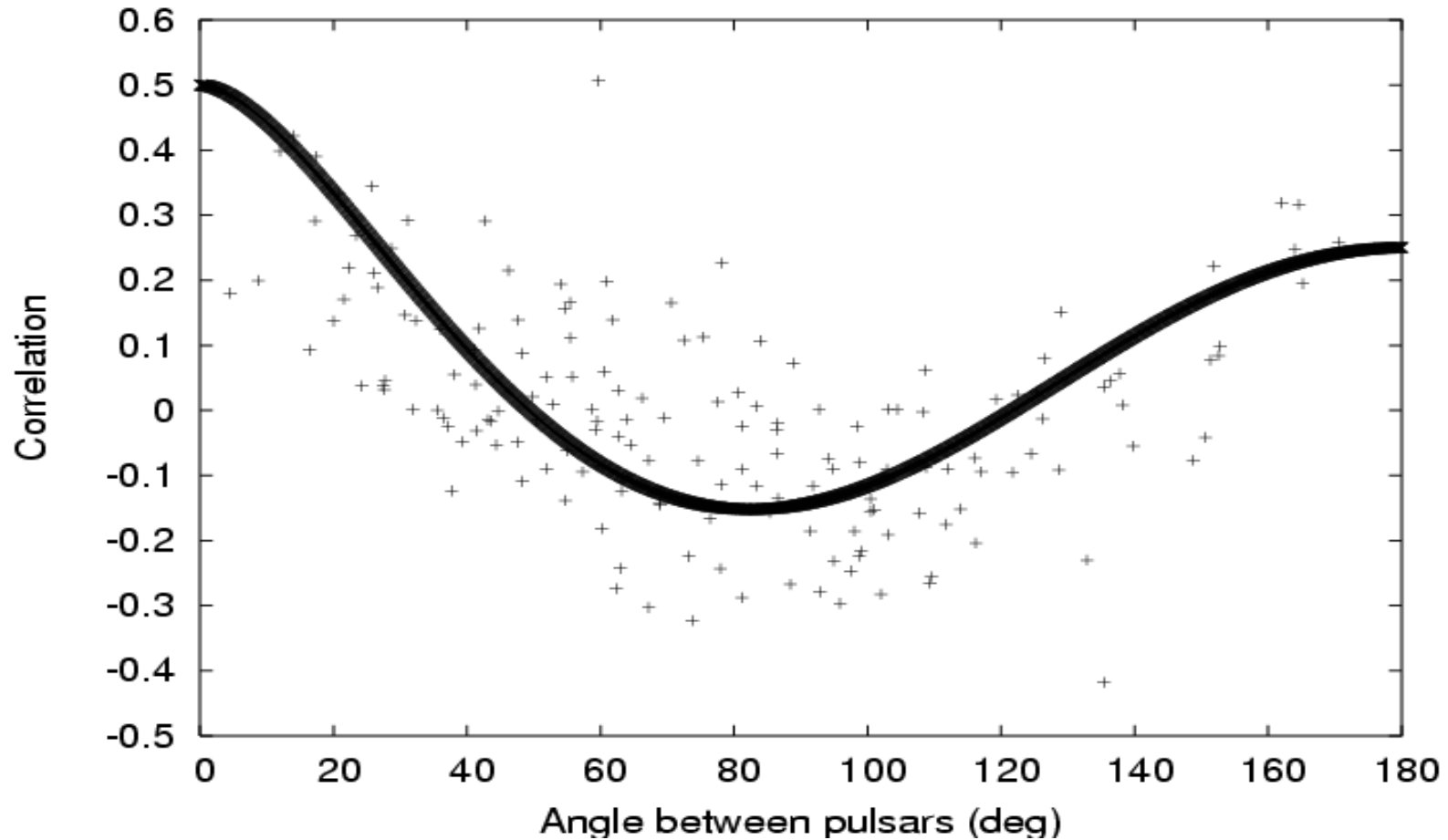
$$\Gamma(\zeta_{ab}) = \frac{3}{2} C(\zeta_{ab}) (1 + \delta_{ab})$$

..to finally get

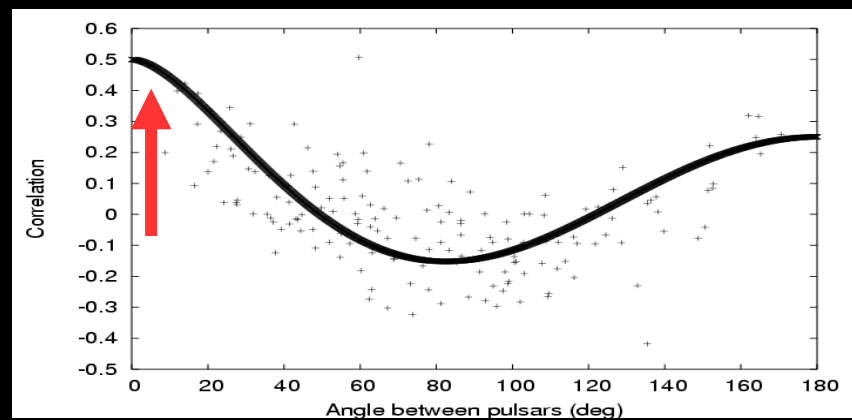
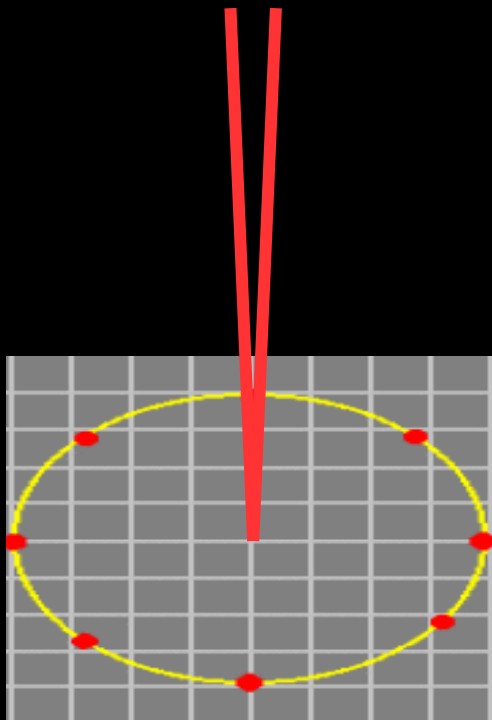
$$r_{ab} = \Gamma(\zeta_{ab}) \int_0^{\infty} df P_h(f)$$

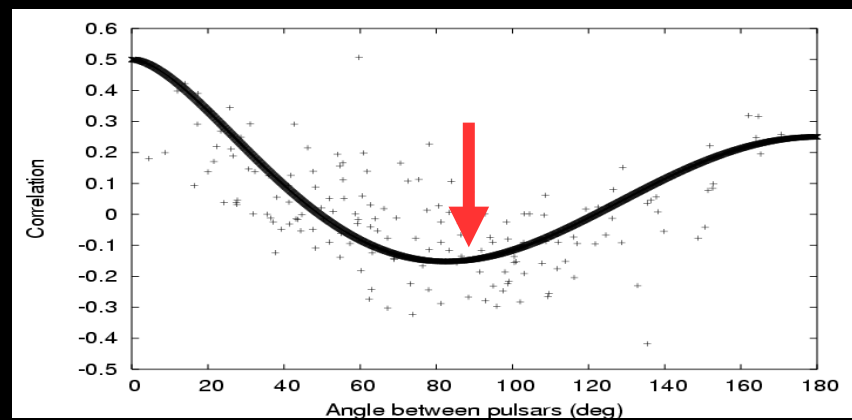
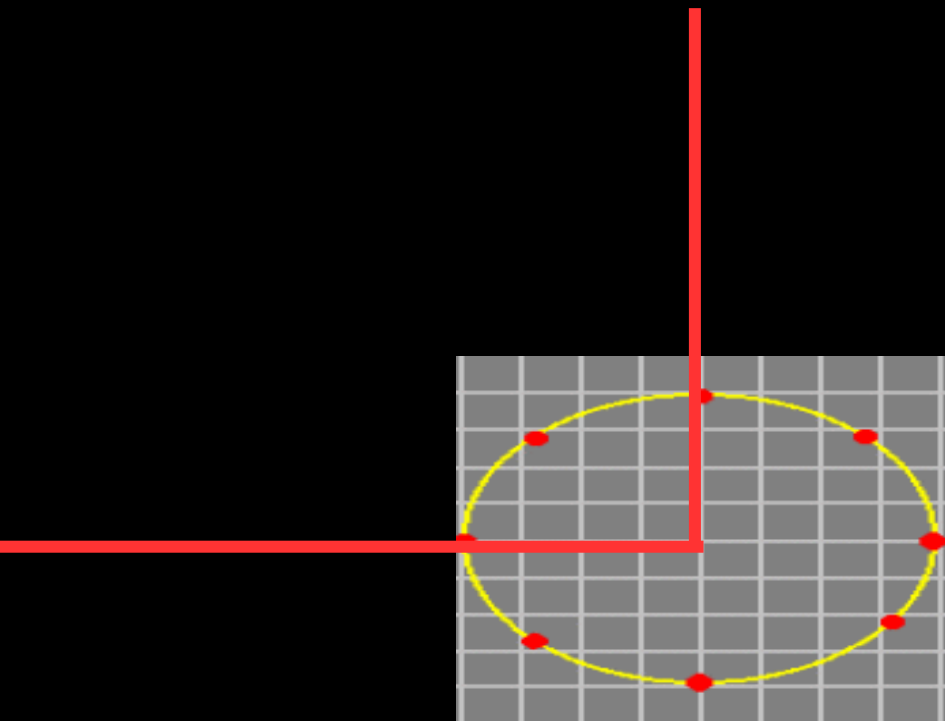
$\Gamma(\zeta_{ab})$ Depends on the relative angle between pulsars a and b only and it is the famous **HD curve** (HD 1983)

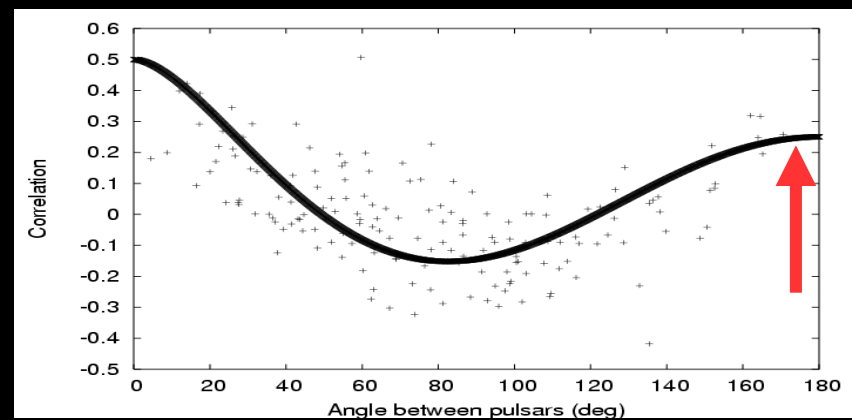
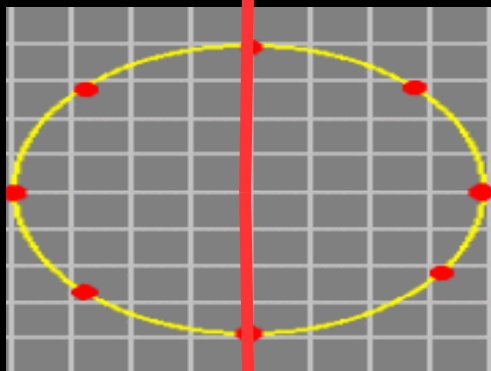
$$\Gamma(\zeta_{ab}) = \frac{3}{2}C(\zeta_{ab})(1 + \delta_{ab}) \quad C(\zeta_{ab}) = \frac{1}{4} \left[1 + \frac{\cos \zeta_{ab}}{3} + 4(1 - \cos \zeta_{ab}) \ln \left(\sin \frac{\zeta_{ab}}{2} \right) \right]$$



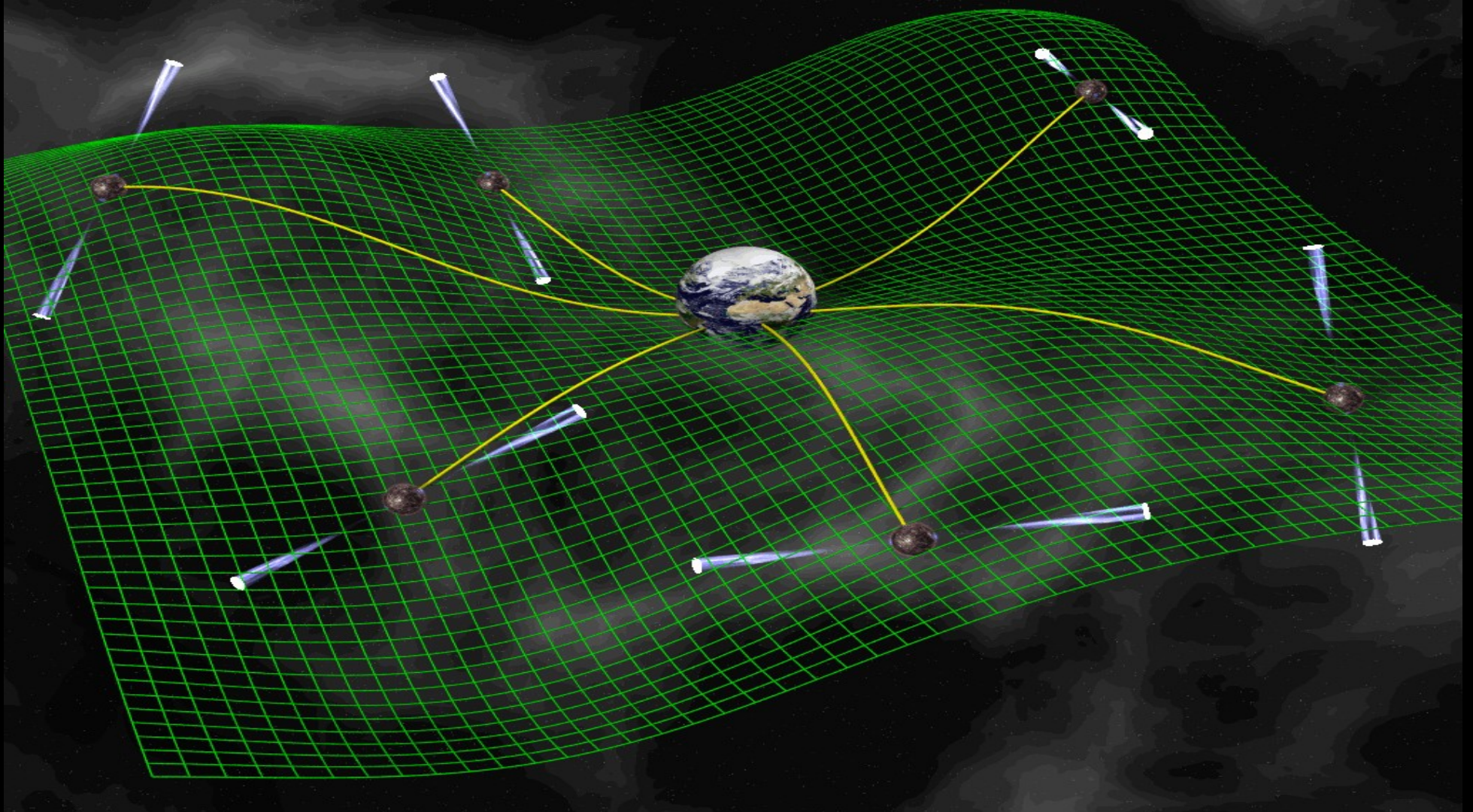
(Hellings & Downs 1983)



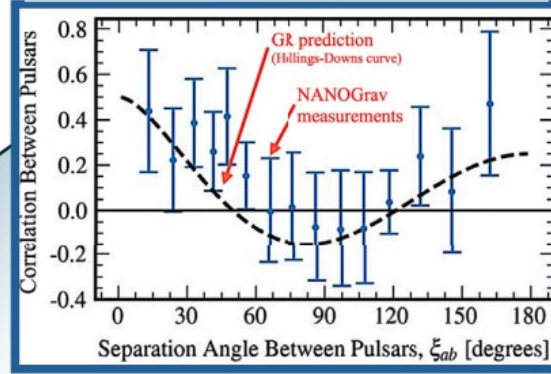
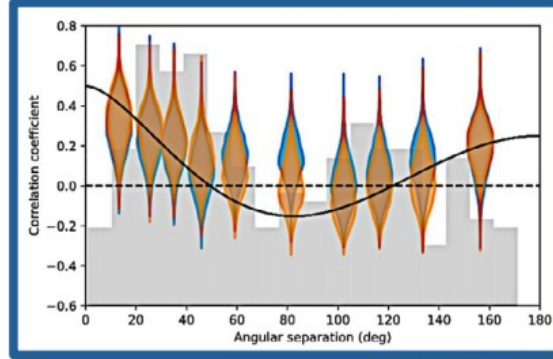




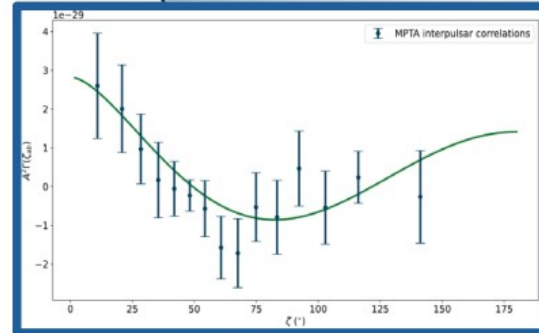
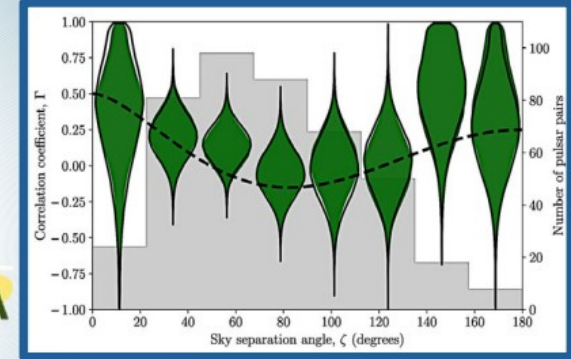
Here comes the concept of PTA



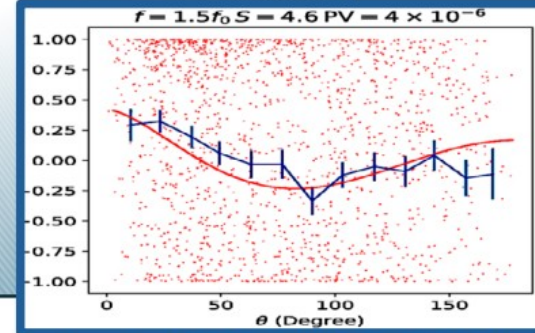
Antoniadis et al 2023 A&A 678, A50



Reardon et al 2023 ApJL 951 L6



Miles et al 2025 MNRAS 536 2



Xu et al 2023 RAA 23 075024

Ok for the correlation, but what's the amplitude and shape of signal we expect to detect?

We start again from our wave superposition

$$h_{ij}(t) = \sum_{A=+, \times} \int_{-\infty}^{\infty} df \int_{4\pi} d\hat{\Omega} \tilde{h}(f, \hat{\Omega}) e^{-2\pi i f t} e_{ij}^A(\hat{\Omega})$$

$$\langle \tilde{h}_A^*(f, \hat{\Omega}) \tilde{h}'_A(f', \hat{\Omega}') \rangle = \delta(f - f') \frac{\delta^2(\Omega, \Omega')}{4\pi} \delta_{AA'} \frac{1}{2} S_h(f)$$

$$\langle h_{ij}(t) h_{ij}(t) \rangle = 4 \int_0^{\infty} df S_h(f) \equiv 2 \int_0^{\infty} d \ln f h_c^2(f)$$

Here we have defined the **characteristic strain**

$$h_c^2(f) = 2f S(f)$$

A GWB is generally described in terms of the energy density it carries which, from GR is

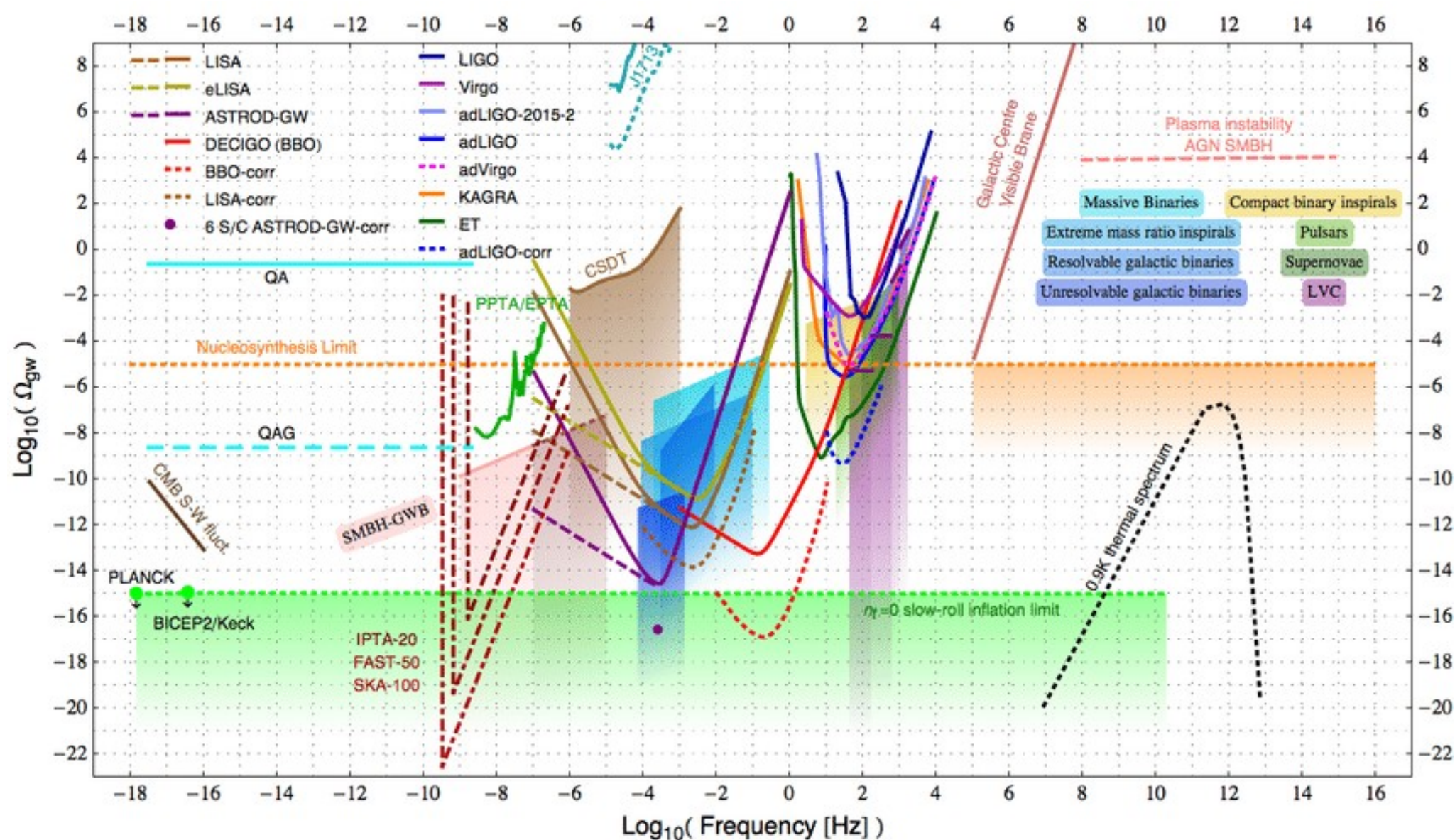
$$\epsilon_{\text{GW}} \equiv \rho_{\text{GW}} c^2 = T_{00} = \frac{c^2}{32\pi G} \langle \dot{h}_{ij}(t) \dot{h}_{ij}(t) \rangle$$

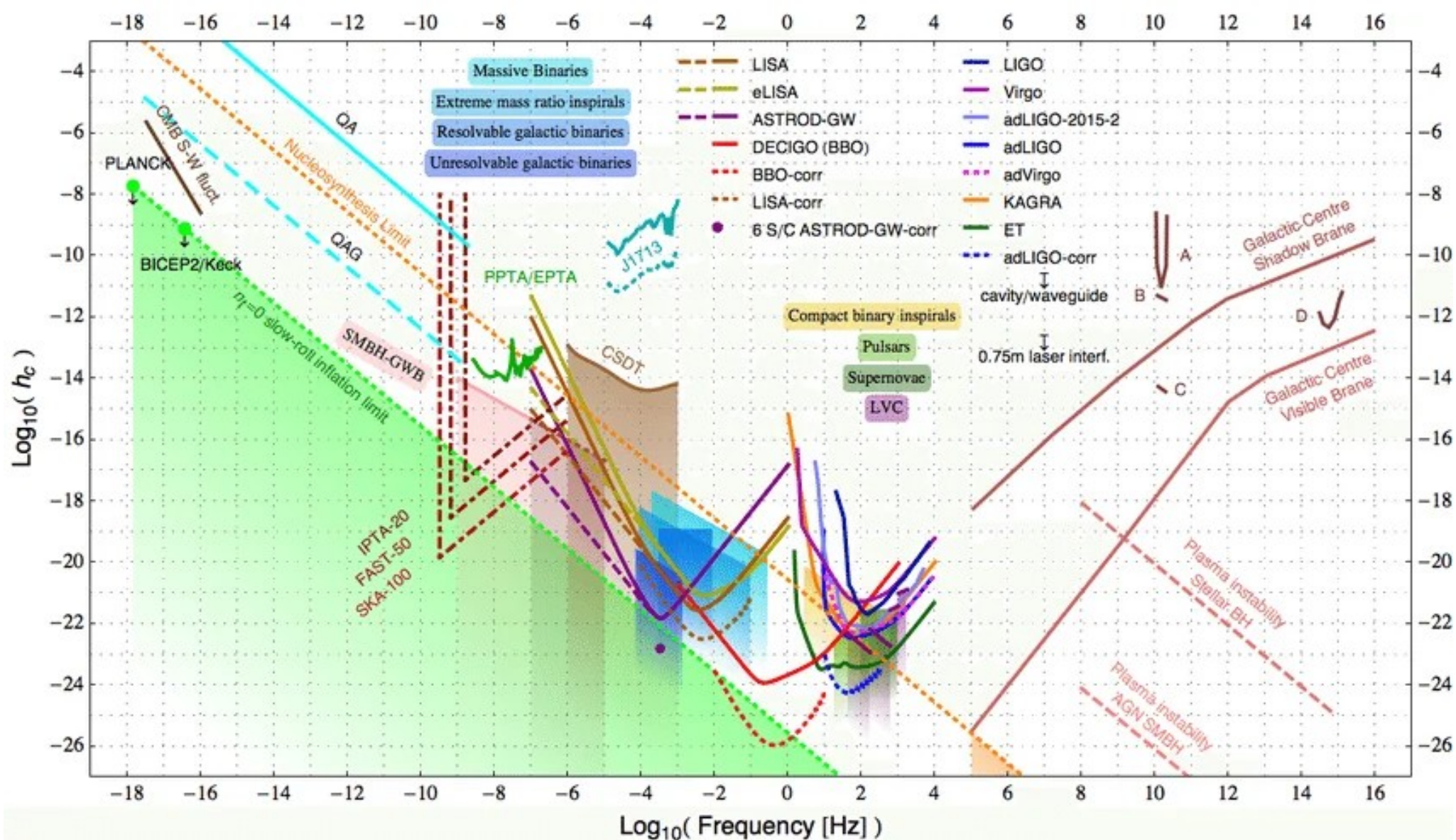
Since t is only in the exponent of h , it is straightforward to demonstrate

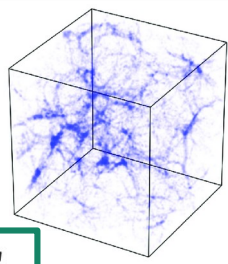
$$\epsilon_{\text{GW}} \equiv c^2 \int_0^{\infty} d \ln f \left(\frac{d\rho_{\text{GW}}}{d \ln f} \right) = \frac{\pi c^2}{4G} \int_0^{\infty} d \ln f f^2 h_c^2(f) = \frac{\pi c^2}{2G} \int_0^{\infty} d \ln f f^3 S_h(f)$$

We can now connect all the relevant quantities used in literature to describe the amplitude and shape of a GWB

$$\Omega_{\text{GW}}(f) \equiv \frac{1}{\rho_c} \frac{d\rho_{\text{GW}}}{d \ln f} \equiv \frac{8\pi G}{3H_0^2} \frac{d\rho_{\text{GW}}}{d \ln f} = \frac{2\pi^2}{3H_0^2} f^2 h_c^2(f) = \frac{4\pi^2}{3H_0^2} f^3 S_h(f)$$







For an **astrophysical population of sources** characterized by a given number density and emitting a given energy spectrum we can write

$$\epsilon_{\text{GW}} = \int d \ln f \int dz \int d\mathcal{M} \frac{1}{1+z} \frac{d^2 n}{dz d\mathcal{M}} \frac{dE}{d \ln f_r}$$

Equating the two expression for the energy density we get

$$h_c^2(f) = \frac{4G}{\pi c^4} \frac{1}{f^2} \int dz \int d\mathcal{M} \frac{d^2 n}{dz d\mathcal{M}} \frac{dE}{d \ln f_r}$$

For a circular GW driven binary

$$\frac{dE}{df_r} = \frac{dE}{dt_r} \frac{dt_r}{df_r} = \frac{\pi}{3G} \frac{(G\mathcal{M})^{5/3}}{(\pi f_r)^{1/3}}$$

And we can write $h_c^2(f) = \frac{4(G\mathcal{M}_0)^{5/3}}{3\pi^{1/3}c^2} \frac{1}{f^{4/3}} n_0 \langle (1+z)^{-1/3} \rangle$ where n_0 is the present day GW source remnant number density

The PTA signal is dominated by **very massive binaries** that reside in **giant ellipticals** (mostly BCGs).

-BCG number density today is $\sim 10^{-4} \text{Mpc}^{-3}$

-Each BCG had 1 major merger in the past 10Gyr $\rightarrow$ each BCG is a MBHB remnant and $n_0 \sim 10^{-4} \text{Mpc}^{-3}$

$$h_c(f) \approx 10^{-15} \left(\frac{f}{1 \text{ year}^{-1}} \right)^{-2/3} \left(\frac{\mathcal{M}}{10^9 \text{ M}_\odot} \right)^{5/6} \left(\frac{n_0}{10^{-4} \text{ Mpc}^{-3}} \right)^{1/2} \chi(z)^{1/2}.$$

So we expect a GWB of $A \sim 10^{-15}$ with a -2/3 spectral slope

But the actual GWB buildup is different

$$h_c^2(f) = \frac{4G}{\pi c^4} \frac{1}{f^2} \int dz \int d\mathcal{M} \frac{d^2 n}{dz d\mathcal{M}} \frac{dE}{d \ln f_r}$$

is NOT how the nano-Hz GWB build-up actually works

Our PTA is perturbed by a number of discrete MBHBs with different masses at different z , each emitting a monochromatic wave

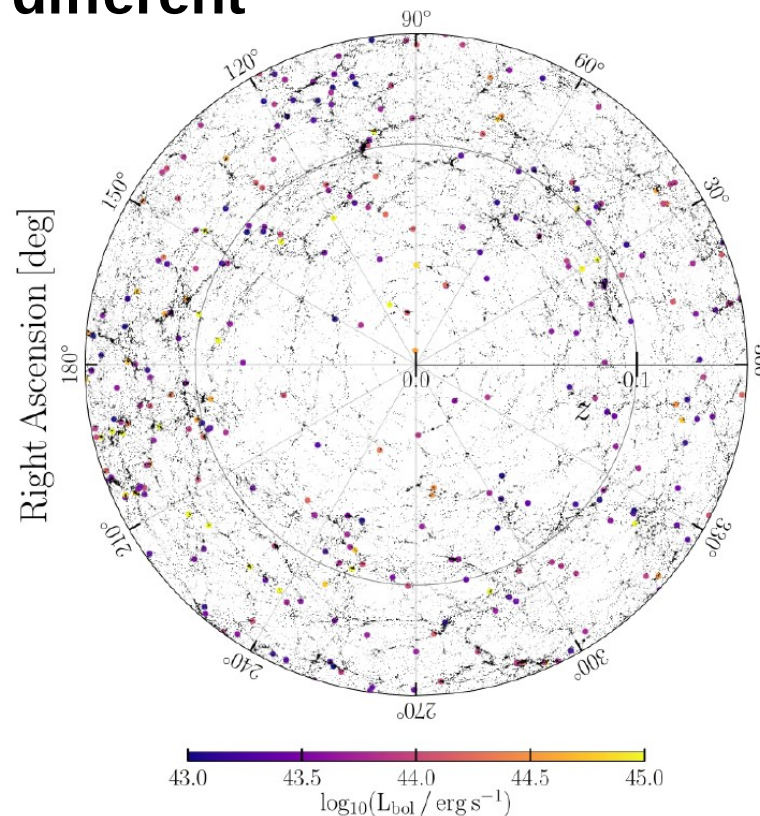
To describe this we need to move the description from the 'number density of remnants' to the actual number of discrete sources

$$\frac{d^2 n}{dz d\mathcal{M}} = \frac{d^3 N}{dz d\mathcal{M} d \ln f_r} \frac{d \ln f_r}{dt_r} \frac{dt_r}{dz} \frac{dz}{dV_c}$$

Here df/dt is given by GR and dt/dz and dz/dV are known relations from standard cosmology. Substituting we get

$$h_c^2(f) = \int_0^\infty dz \int_0^\infty d\mathcal{M} \frac{d^3 N}{dz d\mathcal{M} d \ln f_r} h^2(f_r) \equiv \int_0^\infty dz \int_0^\infty d\mathcal{M} \frac{d^3 N}{dz d\mathcal{M} dt_r} \frac{dt_r}{d \ln f_r} h^2(f_r)$$

Where h is the inclination polarization average strain $h(f_r) = \sqrt{\frac{32}{5}} \frac{(G\mathcal{M})^{5/3}}{c^4 D} (\pi f_r)^{2/3}$



We can take a step further! Sources are discrete, so **integrals here are actually sums**.

Moreover, if we observe for a time T , our frequency resolution bin is $\Delta f = 1/T$

The **spectrum** is therefore **evaluated at discrete frequency bins** $\Delta f_j = [j/T, (j+1)/T]$

And the characteristic strain is evaluated at discrete frequencies f_j as:

$$h_c^2(f_j) = \sum_z \sum_{\mathcal{M}} \frac{\Delta^3 N}{\Delta z \Delta \mathcal{M} \Delta f_j} f_j h^2(f_r) \Theta \left(\frac{f_r}{1+z}, \Delta f_j \right) \Delta z \Delta \mathcal{M}$$

A series of simplifications lead to:

$$h_c^2(f_j) = \sum_{f \in \Delta f_j} \frac{f_j h_i^2(f_r)}{\Delta f_j} = \sum_{f \in \Delta f_j} h_i^2(f_r) f_j T = \sum_{f \in \Delta f_j} h_i^2(f_r) N_{\text{cyc}} = \sum_{f \in \Delta f_j} h_{c,i}^2(f_r)$$

In practice h_c^2 is given by the sum in quadrature of the strain squares of each individual source multiplied by the number of cycles completed in the observation time

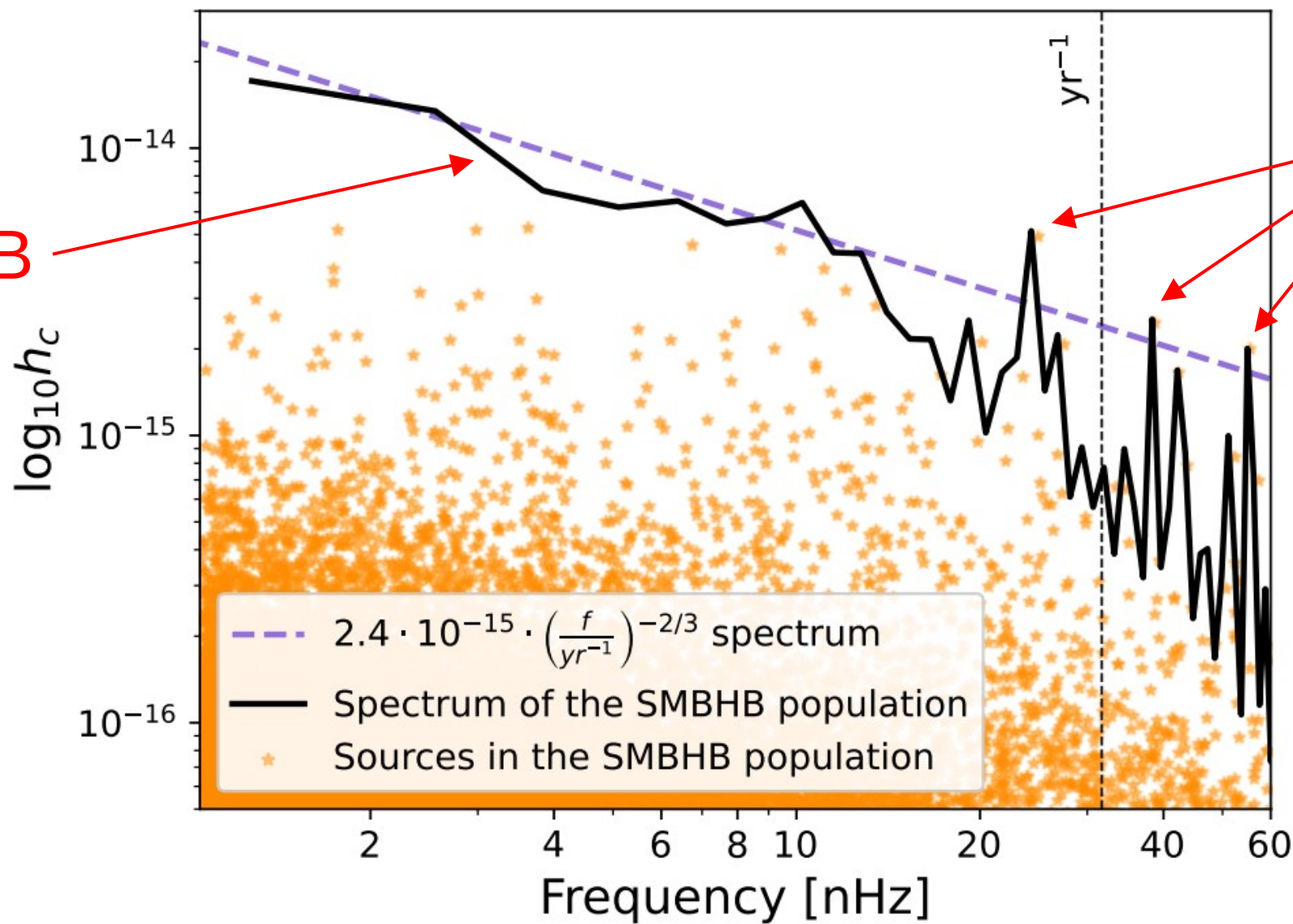
Since $dN/df \propto f^{11/3}$ and $h_{c,f}^2 \propto f^{7/6}$ then 'on average' it is still true that $h_c \propto f^{-2/3}$ but:

-**high f** : many sources with small amplitude $\rightarrow$ **stochastic GWB**

-**low f** : few sources with large amplitude $\rightarrow$ **individually resolvable CGWs (see Boris lecture)**

GWB

CGW



All beautiful, but the detectability?

Recall that PTAs are sensitive to the expectation value of the correlation

$$r_{ab} = \Gamma(\zeta_{ab}) \int_0^\infty df P_h(f)$$

We can therefore compute the magnitude of the RMS residual in each frequency bin as

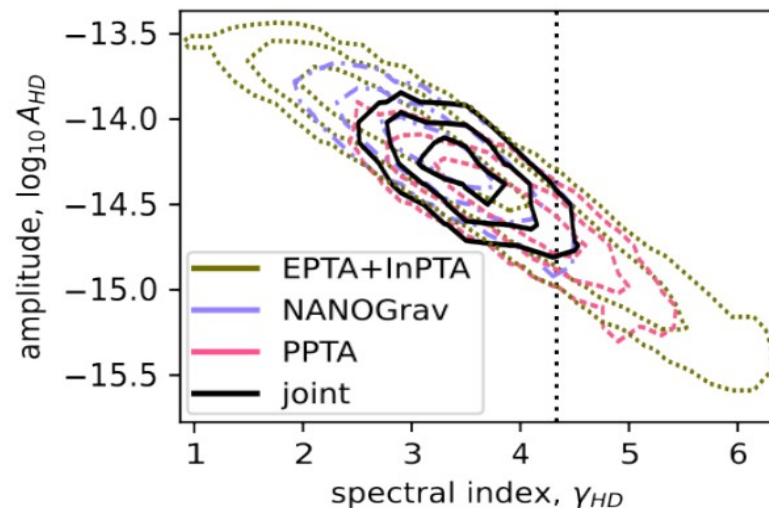
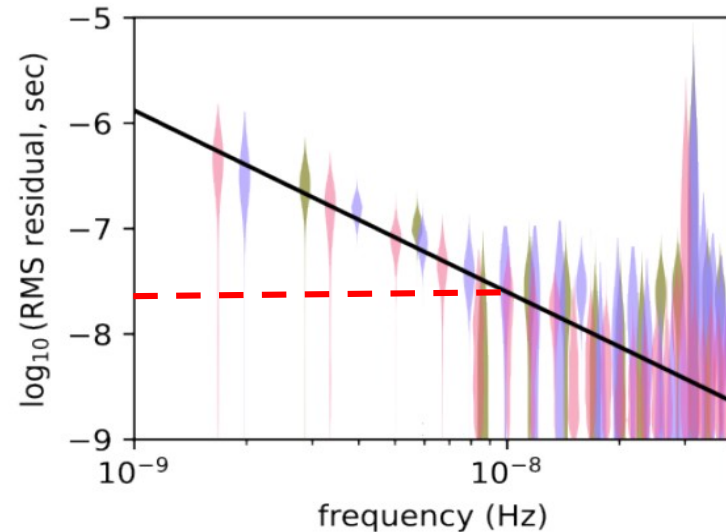
$$\text{RMS}^2(f)_i = \int_{\Delta f_i} df P_h(f) \approx P_h(f_i) \Delta f_i = \frac{P_h(f_i)}{T}$$

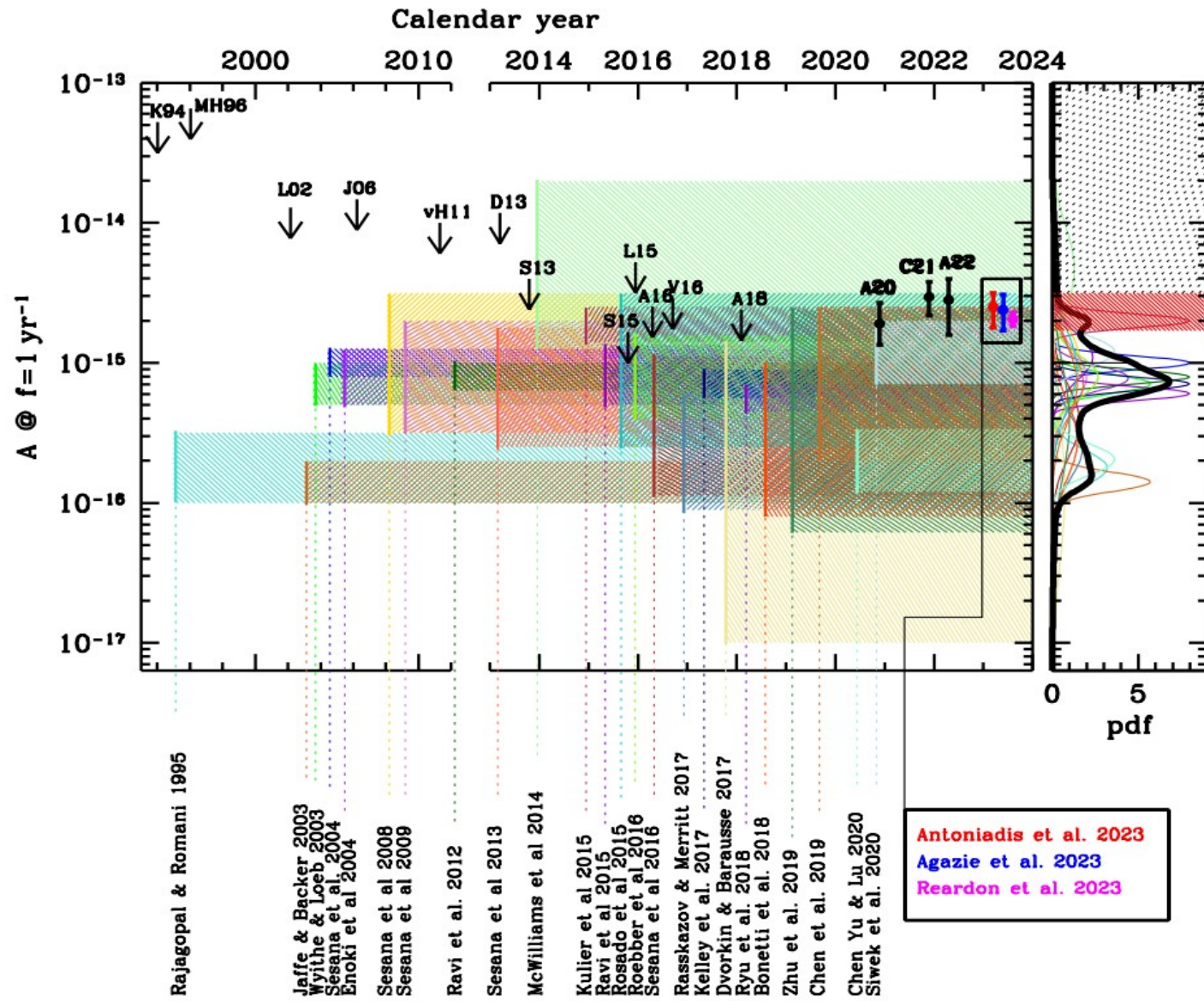
Where
$$P_h(f) = \frac{h_c^2(f)}{12\pi^2 f^3} = \frac{A_{\text{GWB}}^2}{12\pi^2} \frac{f^\gamma}{(1 \text{ year}^{-1})^{2\alpha}}$$

Here $\gamma = 3 - 2\alpha = 13/3$ for $\alpha = -2/3$

For $A_{\text{GWB}} = 10^{-15}$, $T=20$ and $f=10\text{nHz}$, we get $\text{RMS} \sim 8\text{ns}$

In the actual PTA data we get $\text{RMS} \sim 20\text{ns}$, consistent with $A_{\text{GWB}} = 2.5 \times 10^{-15}$





MBHB dynamics (BBR 1980)

$$f_{K,\star/\text{GW}} \approx 5 \times 10^{-10} \left(\frac{M_1}{10^9 \text{ M}_\odot} \right)^{-5/8} \left(\frac{\rho_{\text{inf}}}{\rho_{\text{inf,SIS}}} \right)^{3/10} q^{-3/10} \mathcal{F}(e)^{-3/10} \text{ Hz},$$

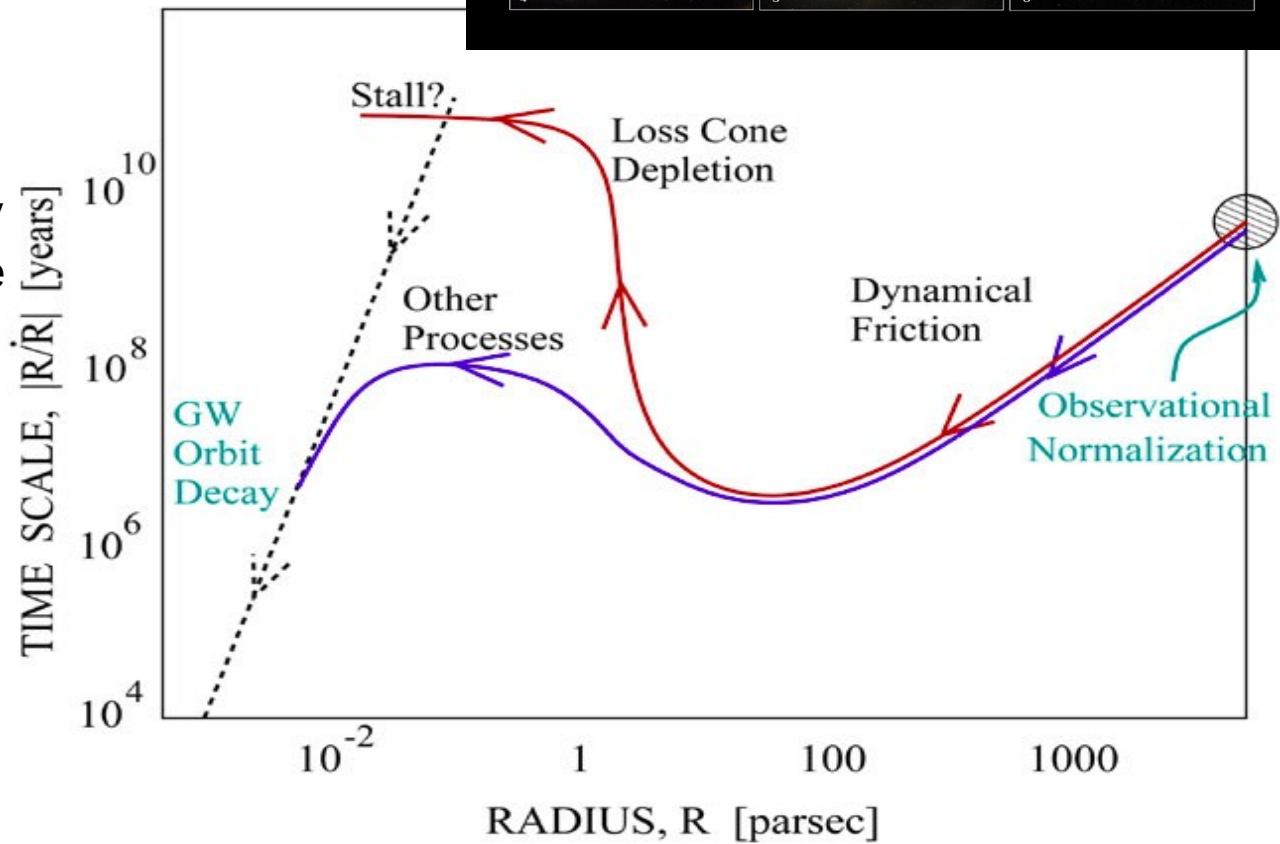
$$f_{K,\text{gas}/\text{GW}} \approx 5 \times 10^{-10} \left(\frac{\alpha}{0.1} \right)^{-6/49} \left(\frac{M_1}{10^9 \text{ M}_\odot} \right)^{-37/49} q^{-69/98} \eta_E^{-33/98} \mathcal{F}(e)^{-6/14} \text{ Hz}$$



GWs are efficient only at small separations, sub parsec binaries generally lose energy and angular momentum to the stellar and gaseous environment

GWB modified by:

- different dt/df due to **hardening**
- eccentricity** of the binaries



GWB spectrum generalization

The GWB generalizes to:

$$h_c^2(f) = \int_0^\infty dz \int_0^\infty dM_1 \int_0^1 dq \int_0^1 de \frac{d^5 N}{dz dM_1 dq dt de_0} \left[\frac{dt}{d \ln f_{K,r}} \frac{de_0}{de} \right] \times$$

$$h^2(f_{K,r}) \sum_{n=1}^{+\infty} \frac{g(n, e)}{(n/2)^2} \Big|_{f_{K,r} = f(1+z)/n}$$

Cosmic merger rate as a function of M , q , e .

Signal distribution across orbital period harmonics due to eccentricity

Residence time depending on the hardening process and eccentricity

Discretization leads to:

$$h_c^2(f_j) = \sum_{i=1}^{N_B} \sum_{n=1}^{+\infty} h_i^2(f_{K,r}) \frac{g(n, e_i)}{(n/2)^2} \frac{n f_{K,r_i}}{\Delta f (1+z)} \Theta \left(\frac{n f_{K,r_i}}{1+z}, \Delta f_j \right)$$

